



The inspiration for this workshop came from Sidney Nolan's painting *Moon Boy* 1940, in the Heide Collection, a semi-abstract image painted on velvet.

Nolan produced a number of works using his 'Moon Boy' motif, which he invented after seeing a friend's head silhouetted against a full moon on St Kilda beach.

Consider these ideas as you create your pillowcase—maybe working in a spontaneous way, enjoying the random placement of shape, colour and line. Like Nolan's *Moon Boy*, your creation will be both a self-portrait and an abstract artwork.

Sidney Nolan
Moon Boy 1940
alkyd on velvet on composition board
55 x 57,5 cm
Heide Museum of Modern Art
Bequest of Barrett Reid 2000
© Sidney Nolan Trust

You will need



Scissors, embroidery thread, needle, fine liner, permanent marker, remnants of fabric/felt and PVA glue or fabric glue



Step 1 You will need a friend or family member to help with this step. Place your pillowcase on the ground outside in the sun or inside under a spotlight and stand over your pillowcase so that the shadow of your head is on the pillowcase. Have someone trace around the silhouette of your head onto the pillowcase



Step 2 Use a black fine liner to trace around the silhouette on your pillowcase



Step 3 Choose materials with patterns and with plain colours. Cut your materials up into different simple shapes and begin arranging them within the silhouette of your head on the pillowcase



Step 4 Begin to overlap the materials creating layers and patterns



Step 5 Glue down the fabric pieces and once you are happy with your design use your felt tip marker to draw designs around the fabric shapes within the silhouette



Step 6 Use your embroidery thread to stitch into the fabric pieces to secure the shapes or to add extra detail



- Step 7** Are you finished? Stand back have a look. Do you need to add something to the silhouette or around the silhouette whether it be some fabric shapes, simple stitching or line work
- Step 8** Enjoy displaying your creation on your bed!