

BREAKFAST

From 9am till 12noon

We believe that seasonality is the key to great food.

Growing our own vegetables and herbs on site in the Heide kitchen garden gives us the opportunity to share with you our community-minded philosophy of fresh produce.

Café Heide Fruit Toast 9.8

Toasted fruit bread, butter & your choice of jam (v)

- Strawberry, marmalade, Heide honey, organic peanut butter

Acai Berry Bowl 22

Organic peanut butter, banana, fresh berries, granola crunch, seeds, activated berries, cherries & flowers (v, gf)

Savoury Waffle 24

Potato, thyme & chive waffle, confit duck leg, poached egg, orange sauce & crispy kale

Super Smashed Avocado 22

Smashed avocado, poached egg, crispy kale, pickled baby beets, feta, super seeds, puffed quinoa, sourdough (v,*)

Heide Big Breakfast 25

Roasted half tomato, bacon, Heide greens, potato hash, crème fraiche, chive scrambled egg, home-made baked beans, sourdough (*)

Quinoa & Black Rice Porridge 20

Spiced cinnamon scented quinoa & black rice, fresh & freeze-dried fruit, raw sugar, activated pumpkin seeds, micro herbs & flowers (v, gf)

Nourish Bowl 24

Pumpkin puree, avocado, grated raw vegetables, zucchini fritter, garden herbs, poached egg, herbed feta, lime, togarashi, sweet potato crisps, roasted beetroot, seed & pomegranate (v)

Eggs Your Way 12

Choose from fried, scrambled or poached served on sourdough (v,*)

Heide Benedict 24

Smoked salmon, poached eggs, chive hollandaise, Heide greens, sourdough (*)

A LITTLE EXTRA

Bacon / Avocado / Roasted Beetroot / Smoked Salmon 5.5

Whipped Feta / Sautéed Mushroom / Tomato / Baked Beans / Hash Brown 4.5

Extra bread/ Extra Egg/ Wilted Heide Greens/ Chive Hollandaise / 2.5

LUNCH

From 12 noon

SMALL PLATES

Bruschetta 18

Tomato, asparagus, frisee, buffalo mozzarella, olive oil & cab sauv vinaigrette (v,*)

Carrot Dip 15

Grated carrot, pomegranate, yoghurt, Heide honey, flatbread (v,*)

Hummus Plate 15

House made hummus, sweet paprika, olive oil, flatbread (v,*,vg)

Warm Marinated Olives 12

House marinated mixed olives, flatbread (v, *, vg)

Sliced Meats 22

Truffle salami, smoked ham & Jamon with celeriac remoulade, toasted sourdough (*)

Pan fried Sardines 28

Sardines, preserved lemon salsa, cherry tomato, crisp bread (*)

SHARING BOARDS (for 2)

Heide Giant Charcuterie Board 52

Served with carrot & hummus dip, warm olives, potted duck, pickles, gherkins, sliced meats, celeriac remoulade, buffalo mozzarella, parsley crumb, flatbread & fruit toast (*)

Marinated Vegetable Board 46

A selection of marinated Heide garden vegetables, sundried tomatoes, basil, mozzarella & parsley crumb with carrot & hummus dip, fennel salad with radish and hazelnut, flatbread (*,vg)

SALAD PLATES

Thai Shredded Chili Duck 24

Green papaya, snow pea tendrils, tomato, cucumber, mint, coriander, raisins, fried shallots, peanuts & chili jam (gf)

Char-grilled Calamari 24

Rocket, preserved lemon, cucumber, tomato, capsicum, red onion, fried shallots, garden herbs & sherry vinaigrette (gf)

Heide Grain Salad 21

Quinoa, buckwheat, pearl barley, raisins, chili, mint, coriander with parsley, feta & a palm sugar vinaigrette (*,vg)

- Add Crispy Chicken / Smoked Salmon / 6

Marinated Octopus 25

Fresh cucumber, tomato, olives, feat, oregano, onion, lemon oil dressing (gf)

Prawn & Pork 29

Wombok cabbage, bean sprouts, coriander, Thai basil, chili, nuoc cham, fried shallots, peanuts (gf)

Rare Seared Tuna Nicoise 26

Green beans, kipfler potato, cherry tomato, soft boiled egg, Ligurian olives, cab sauv vinaigrette (gf)

LARGER PLATES

Confit Duck Leg 26

Duck leg, kipfler potato, red wine jus, caper mayonnaise, friseè, bacon lardons, croutons & hazelnut vinaigrette (*)

Cannelloni 24

Roasted pumpkin, pine nuts, ricotta, brown sage butter, Parmigianino Reggiano (v)

Roasted Pork Belly 32

Watercress, fennel & apple salad, kipfler potato, pork jus, toasted almonds (gf)

Eggplant Lasagne 24

Sliced eggplant, buffalo mozzarella, Heide garden leaves with almond, a chardonnay vinaigrette (v,gf)

Roasted Chicken (for 2) 48

Kipfler potato, Heide salad with cucumber, tomato, onion, carrot & jus gras (gf)

THINGS IN BUNS

(All burgers are served with chips)

The Big Wagyu 24

Wagyu beef patty, brioche bun, lettuce, tomato, mustard mayo, cheese, bacon, pickles (*)

Heide Crispy Chicken 24

Crispy butter milk chicken, bacon, brioche bun, wasabi mayo, cabbage slaw (*)

ON THE SIDE

Chunky chips (v, gf) 9.5

Heide garden salad (v, gf) 14

Polenta fries, romesco (v, gf) 15

SOMETHING SWEET

Please see our display cabinet for full selection

**Please advise our staff of any dietary requirements you may have*

*** Please note; we do not accept Dinners or AMEX*