



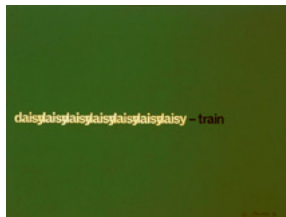
## The Art of Poetry for Mothers' Day

You can't bring your mum to Heide this year, but you can celebrate her by creating a beautiful, heartfelt poem.

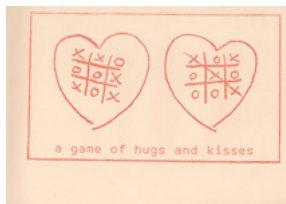
Inside you'll find a selection of ideas to transform your poems into bespoke works of art for your wonderful mum.

## Concrete Poems

Create a concrete poem inspired by Heide's collection of concrete poetry.



Concrete poetry uses text to create images. In Alex Selenitsch's *daisy-train*, he has taken the word 'daisy' and repeated it, overlapping the words so they're connected together. But instead of making a circular daisy chain, he has written them in straight line so they appear like a train.



Ruth Cowan used the idea of noughts and crosses, but has interpreted them instead as hugs and kisses and drawn the games inside two love hearts.



Sweeney Reed created a keepsake for his mum by hand drawing a love heart and using the words as a frame.

To find out more about Sweeney's Keepsake and Les Kossatz' sculpture, check out this [video](#).



Ruth Cowan added an image of an umbrella as if shielding a heart from the rain. This concrete poem would also be a lovely gift for someone whose name begins with the letter J.

To find out more about Concrete Poetry, check out this video about artist **Alex Selenitsch**

## For teachers and students

Check out Heide's Learning Resource on ***Born to Concrete: The Heide Collection***

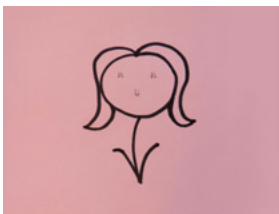


You can make your own concrete poem and turn it into a card for your mum using the following materials and equipment:

- Typewriter (traditionally used for concrete poetry)—but a computer and printer work just as well, and if you don't have these, you can hand draw your lettering, or cut letters from a newspaper or magazine to collage
- Coloured paper and card (white paper works just as well if you don't have any coloured paper)
- Marker pen or texta (or a pencil, crayon or anything else you can draw with)
- Scissors
- Ruler
- Glue stick



Here the word MUM is typed so it looks like a smiley face—but you could type it into any pattern or picture you would like to create for your mum.



You can add drawn elements around your typed design. Here mum has been made to look like a flower, but you can use your own creative ideas too.



Once you're happy with your art work, cut it out and glue it to a piece of card and fold it into a card for mum!

# HEIDE

#heideathome

## Collage and acrostic poems

Create a collage inspired by the letters we have found around the Heide Sculpture Park, gardens and galleries.

Print out this Heide Alphabet and cut up the letters to spell MUM, or your mum's name.





You could get really creative and make your own alphabet using things you have around the house.

Why not be inspired by something your mum likes to do e.g. gardening, painting, reading or sewing.



This collage is made from cotton reels, buttons, bobbins and strings of sequins.



Once stuck onto card, you could stitch around the border or draw stitching using your computer or by hand.

You could use your alphabet to create an acrostic poem for your mum, by thinking of words that begin with each letter of the word MUM, or each letter of your mum's name.



arvellous



nique



agnificent

## Write a Cinquain

This is a beautiful poem by Joy Hester about love:



take a rose  
from a flowershop window  
place it buttonhole above the heart  
rest it there...  
  
in the love garden  
in mind's eye  
at the very heart's core.

It uses the imagery of roses and flowers and connects them with the idea of love being at the core of our hearts.

It can be difficult to think of words and phrases that sound poetic, but if you use a form such as a Haiku or Cinquain, it can help you to structure a beautiful poem.

A Cinquain is a five-line poem that describes a person, place or thing.

Here's an example:

rainbow	(a one-word title; a noun)
beautiful, iridescent	(two adjectives)
shimmering, shining, peeking	(three -ing verbs)
like hope from behind a cloud	(a phrase)
arc of coloured light.	(a synonym; another noun or a simile)

And another one, especially for mum:

Mum  
beautiful, kind  
loving, caring, knowing  
looks out for our whole family  
the BEST.

You could write a Cinquain and add a hand-drawn picture to create a unique card for your mum.